

June & July 2019 Aboriginal Carer Support Group

Welcome everyone to our next newsletter which will see us through the winter months. The Aboriginal Carer Support Group continue to meet on the **first** and **third** Mondays of the month at 200 Bower Road Semaphore Park from 10.30 to 2.00pm.

Light snacks, tea and coffee are provided. Come along, join in and meet other carers.

Carers are involved in a variety of arts and crafts, painting, mosaics and macramé. From time to time we have guest speakers. At the Aboriginal Carer Group, you will have opportunities to meet with other carers, while giving you a break from your caring role.



There is **no cost** for carers who attend the Aboriginal Carer Support Group at Bower Cottages. Contact **Sue on 8291 5600** for further info.



Hahndorf Day Trip Monday 29th July



The Aboriginal Carer Group will be enjoying a day trip to Hahndorf which will include a smorgasbord lunch at the Hahndorf Old Mill Hotel.

There are limited places available, so please book in early to secure your place.

Aboriginal and Torres Strait Islander significant dates

3rd June Mabo Day Commemorating Eddie Mabo's lengthy campaign for recognition of Traditional Indigenous Land Rights, leading to the High Court recognising Native Title.

27th May to 3rd June Reconciliation Week celebrating Aboriginal history & culture in Australia. Carers SA will have a stall at Tauondi College "Rec in the West" event on Thurs. May 30th. This year's theme **"Grounded in Truth Walk Together with Courage"**.

1st July Coming of the Light Celebrated by Torres Strait Islanders recognising the adoption of Christianity through island communities during the 19th century.

7th to 14th July NAIDOC Week celebrating history, culture and achievements of Aboriginal Culture, the oldest continuing culture on the planet. Carers SA will be holding a stall at the Family Fun Day at Tarntanyangga on Friday 12th July. This year's theme being

VOICE, TREATY, TRUTH