

For Education Professionals

YOUNG CARERS IN EDUCATION

This workshop is aimed at all education professionals, school counsellors and support staff who work with students. The program outlines the role of young Carers, their needs and the issues they face in education. The training focuses on strategies which educators can put in place to identify and support young Carers in the education environment.

Workshop Length: 45 Minutes

Audience: Education Professionals (Schools)

WORKING EFFECTIVELY WITH FAMILY CARERS

This workshop has been developed specifically for tertiary students and is intended to be part of the Certificates III and IV in Aged Care, Health and Community Services. The aim of this training is to enhance the knowledge, understanding and awareness of students of the role of the family Carer. The workshop outlines The SA Carers Recognition Act 2005, The Carers Charter, and other relevant Laws and Standards.

Workshop Length: 4 Hours

Audience: Tertiary Students

About Carers SA

Carers SA was established in 1989 by a grass roots movement of family Carers to represent and be the voice of family Carers in South Australia. Carers SA is a non-profit, incorporated, community-based organisation with a membership in the thousands, most of whom are individual Carers. Carers SA is part of the National Network of Carers Associations that includes all state Carers Associations and Carers Australia. Carers SA provides support to all Carers including Aboriginal, Young Carers and Carers from all cultural backgrounds.



Supporting Family Carers

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Carers SA

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*Education & Training Services
for Family Carers, Service
Providers & Education
Professionals*

Carers SA specialise in delivering education and training programs for family Carers, Service Providers and Education Professionals.

Carers SA education and training programs are delivered as interactive workshops to groups of between 5 and 35 people.

For Family Carers

THE CARERS JOURNEY

This workshop looks at the 6 stages of the journey family Carers make in their caring role. This workshop is an evidenced based approach to outlining the support and tools Carers need throughout their caring journey.

Workshop Length: 90 Minutes

Audience: Carers & Service Providers

WORKING WITH HEALTH AND SERVICE PROVIDERS

This workshop provides family Carers with ideas and strategies for working effectively with health professionals and service providers. The workshop looks at ways in which barriers can be broken down to allow for improved communication and greater involvement of family Carers in the care and treatment planning for the person they care for.

Workshop Length: 3 Hours

Audience: Carers

DEALING WITH THE STRESS OF CARING

This workshop explores the different types of stress experienced in the caring role. Carers are provided with tools and strategies to minimise the stress of their caring role with simple steps to ensure a better balance in their lives.

Workshop Length: 2 Hours

Audience: Carers

CRISIS MANAGEMENT AND ASSERTIVENESS FOR FAMILY CARERS

This workshop explores the difficulties family Carers face in times of crisis. The workshop offers a range of tools and strategies to help Carers take control of crisis situations. Carers are supported to become assertive to prevent and manage crisis situations.

Workshop Length: 3 Hours

Audience: Carers



LEGAL ISSUES FOR FAMILY CARERS

This workshop discusses future planning including Wills and Estates, Power of Attorney, Medical Power of Attorney, Advanced Directives, the Guardianship Board and other legal pathways. This includes the expert advice of a legal professional.

Workshop Length: 3 Hours

Audience: Carers

For Service Providers

CARERS ARE CLIENTS TOO

This workshop will assist Service Providers to understand their roles and responsibilities when working with Carers, highlighting responsibilities under the SA Carers Recognition Act 2005 and other legal requirements, with a focus on providing skills to work with Carers more effectively.

Workshop Length: 4 hours

Audience: Health and Community Service Providers

LEGAL ISSUES FOR SERVICE PROVIDERS

This workshop discusses the roles, rights and responsibilities of service providers who are often asked to assist families with the future planning of their legal pathways. The series includes the expert advice of a legal professional.

Workshop Length: 3 hours

Audience: Health and Community Service Providers