



MENTAL HEALTH PROJECT

Carers Association of SA is holding forums for family Carers of people with mental illness. Twelve forums are organised across the state until 19 July 2005. The forums will provide an opportunity for family Carers to gain information on services available, to network and gain peer support and obtain information on ways of looking after their own needs. The Department of Health has provided one-off funds for these forums.

The following forums have been planned -:

- Pt. Augusta 9 March 2005 10.00 a.m. to 3.00 p.m.
- Pt. Augusta [Indigenous community] 12 April 2005 10.00 a.m. to 1.00 p.m.
- Metropolitan Adelaide [Indigenous community] 19 April 2005 10.00 a.m. to 1.00 p.m.
- Riverland 12 May 2005 10.00 a.m. to 3.00 p.m.
- Tumby Bay 19 May 2005 10.00 a.m. to 3.00 p.m.
- Barossa Valley 24 May 2005 6 p.m. to 9 p.m.
- Southern Fleurieu Area 7 June 2005 12 p.m. to 5 p.m.
- Millicent 16 June 2005 10.00 p.m. to 3.00 p.m.
- Northern Metropolitan Area 30 June 2005 1p.m. to 6.00 p.m.
- South East Metropolitan Area 19 July 2005 10.00 a.m. to 3.00 p.m.

For further information about the forums please contact the Mental Health Project Worker, Denise Daviess on Ph: 82716288