



ARAFMI Carer Support Group Meetings 2007

The ARAFMI (Assisting Relatives and Friends of the Mentally Ill) Service of Carers SA will be holding monthly Carer Support Group meetings commencing in February 2007.

The Carer Support Group meetings are open to Carers caring for a person with a mental illness and will be held at Carers SA (58 King William Road, Goodwood).

Carer Support Group meetings provide an opportunity for Carers to meet together, network, share skills and gather information.

Meetings will be held on the third **Wednesday** of every month from **1pm – 2:30pm** (with afternoon tea provided) and dates are as follows:

February 21

March 21

April 18

May 16

June 20

July 18

August 15

September 19

October 17

November 21

If you are interested in attending the Carer Support Group meetings please contact Anna Schmidt (Project Officer) or Cyone Whiting (Projects Coordinator) at Carers SA on 8271 6288 the week prior to the Carer Support Group Meeting.

We look forward to seeing you there!